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**HEALTHY YOUTH
HONDURAS**



PROJECT

STRENGTHENING ADOLESCENT REPRODUCTIVE HEALTH IN HONDURAS USAID/ HEALTHY YOUTH HONDURAS

QUARTER 2 NARRATIVE REPORT FY2014

COOPERATIVE AGREEMENT: NO. AID 522-A-13-00001



Capacity workshop with youth from the
OC Estados Unidos. MDC.

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ACRONYMS

AJH	Alianza Joven Honduras
AHMF	Asociación Hondureña Mujer y Familia
ASJ	Asociación por una Sociedad más Justa
ASHONPLAFA	Asociación Hondureña de Planificación Familiar
ASRH	Adolescent Sexual and Reproductive Health
BCC	Behavior Change Communications
CARSI	Central America Regional Security Initiative
CASM	Comisión de Acción Social Menonita
CDC	Center for Disease Control and Prevention
CDH	Centro de Desarrollo Humano
CEB	Centro de Educación Básica
CEPROSAF	Centro de Promoción en Salud y Asistencia Familiar
CIPRODEH	Centro de Investigación y Promoción de los Derechos Humanos
COCSIDA	Centro de Orientación y Capacitación en SIDA
COMVIDA	Comunicación y Vida
CSO	Civil Society Organization
COSOCITELA	Coalición de la Sociedad Civil de Tela
DDM	Dashboard Decision Medible
DHS	Demographic Health Survey
ENAPREAH	National Adolescent Pregnancy Prevention Strategy
FEREMA	Foundation Ricardo Ernesto Maduro
FP	Family Planning
FUNADEH	Fundación Nacional para el Desarrollo de Honduras
HIV/AIDS	Human Immunodeficiency Virus/Acquired Immunodeficiency Syndrome
IHSS	Instituto Hondureño de Seguridad Social
INFOP	Instituto Nacional de Formación Profesional
INJ	Instituto Nacional de la Juventud
IPC	Interpersonal Communications
MAP	Measuring Access and Performance
MARPs	Most-at-risk-populations
M&E	Monitoring and Evaluation
MOE	Ministry of Education
MOH	Ministry of Health
MSH	Management Sciences for Health
NGO	Non-Governmental Organization
OCs	Outreach Centers
PAIA	Programa Nacional de Atención Integral al Adolescente
PASMO	Pan American Social Marketing Organization
PDA	Programa de Desarrollo de Área

PERFORM	Performance Framework for Social Marketing and Communications
PMP	Performance Monitoring Plan
PNPRRS	Programa Nacional de Prevención Rehabilitación y Reinserción Social
PSI	Population Services International
RH	Reproductive Health
SAM	System Activity Monitoring
SRH	Sexual and Reproductive Health
STI	Sexually Transmitted Infection
TRAC	Tracking Results Continuously
UIC	Unique Identification Code
ULAT	Unidad Local de Apoyo Técnico
UNAH	Universidad Nacional Autónoma de Honduras
UNFPA	United Nations Population Fund
USAID	US Agency for International Development

I. EXECUTIVE SUMMARY

PSI/PASMO submits this quarterly narrative report for Q1 FY 2014 covering the period from January to March 2014 for the project entitled "Strengthening the Sexual and Reproductive Health with Adolescents in Honduras" (Healthy Youth). This project is technically and financially supported through cooperative agreement No. AID 522-A-13-00001 with the United States Agency for International Development (USAID), through the Central America Regional Security Initiative (CARSI), for the period October 12, 2012 - September 30, 2015.

Below are achievements made during this reporting period, **January to March 2014**, along with challenges and actions taken to ensure the results are achieved:

- Three educators were hired to complete the work team in San Pedro Sula, Tela and La Ceiba, and one Program Technical Assistant was hired to support the programmatic areas and monitoring of the Healthy Youth Project.
- 572 teachers from educational centers of the municipalities of La Ceiba, Tela, and the Central District, participated in planning meetings for the implementation of the "Caring for My Health and My Life" methodological guides.
- 275 parents from the educational centers participated in briefings on the implementation of the "Caring for My Health and My Life" methodological guides.
- 365 adolescents and young people from educational centers in Tela and La Lima between 4th and 9th grades were trained on adolescent pregnancy prevention based on the contents of the "Caring for My Health and My Life" methodological guides.
- 301 adolescents and schooled young people from educational centers, OCs and community organizations of San Pedro Sula, Choloma and the Central District were trained outside the school environment.
- 575 adolescents and young people beneficiaries of outreach centers, youth networks, NGOs and community organizations of the Central District, participated in the training processes on pregnancy prevention, according to PASMO educational program.
- During this quarter, a total of 754 adolescents and young people completed the training cycle on pregnancy prevention (schooled and non-schooled).
- 13 Programs "En Conexión Radio" transmitted through Radio Station.

- 2013 TRaC survey completed. The TRaC survey was a baseline population based survey that will be used to get a deeper understanding of knowledge, attitudes and practices related to sexual reproductive health among adolescents and young people. Final report is being reviewed and finalized and will be ready to share during the next reporting period.
- Visit of Ambassador Lisa Kubiske to the Basic Educational Center (CEB) Juan Ramón Molina of Colonia San Miguel of Tegucigalpa.

In terms of USAID financial reporting, PSI / PASMO reports during quarter 2 fiscal year 2014 a total of \$ 113,340.78 and cumulative total \$ 649,726.39; The budget spend down represents 76,4% of the \$ 850,000 budget obligated until Q2 FY 2014 and represents 55% of \$ 1,1750,000 total USAID budget project.

II. PROJECT CONTEXT AND OBJECTIVES

National Context:

With a population of 8.5 million habitants, Honduras presents the highest teenage pregnancy rates of the region (24%), and only a 14.1% of the women between the ages of 15 and 19 report using modern methods of family planning¹. Additionally, the population mostly affected by HIV in Honduras is the group of 15 to 29 years of age².

In Honduras, the average age for sexual initiation in young people, from ages 15 to 24, is 14.7 years. In spite of the high levels of awareness of condom use as an effective method of HIV prevention and on how to obtain them, only a 9% of the youngsters report use of condoms during their first sexual intercourse experience and a 61% made use of condoms during their last sexual intercourse experience.³

The Ministry of Education holds the lack of education in “sexual and reproductive health among teenagers” in schools, as responsible for this situation. Furthering the problem even more, is the low rates of school enrollment in the country: 75.5% of the youth between aged 12 to 14 assist school but this figure drops to a 45.2% for teenagers between ages 15 to 19.⁴ Additionally, only a 19.4% of individuals between the ages of 20 to 24 assist educational institutions and only a 36.4% of the young people graduate from high-school. Given these low school-enrollment rates, interventions should focus on both, the young people who attend school, especially in the group of 10 to 14 years of age, as well as the individuals that are out-of school (not enrolled), particularly for groups aged 14 and older⁵. Recent political changes in the country have created a suitable environment for sexual and reproductive health among teenagers. The Ministry of Health’s declaration advocates for the inclusion of SRH in schools, and the government’s position concerning the youth gives priority to the universal access to education and services in SRH for teenagers.

Project Context:

¹ Demographic and Health Survey (DHS) – Honduras 2011-12. INE/Secretaría de Salud / ICF International, Obtained July 13, 2013.

² Honduras Ministry of Health Powerpoint Presentation. (2011). Teen Pregnancy (Embarazo en la adolescencia) Comprehensive

Youth Care program.

³ Population Services International/Pan American Social Marketing Organization. (2011). TRaC study on Evaluation of healthy

behaviors among youth or adolescent. Washington, DC. Population Services International

⁴ Demographic and Health Survey (DHS) – Honduras 2011-12. INE/Secretaría de Salud / ICF International, Obtained July 13, 2013

⁵ A study by the Honduran Secretary of Education (as cited in Honduras Ministry of Health Power Point Presentation (2011).

Based on the situation described above, as well as national statistics and factors, the Healthy Youth project is being developed by Population Services International (PSI) and its local affiliate, the Pan-American Social Marketing Organization (PASMO), since October 2012, and is joining efforts with the private and public sector to achieve results in SRH among teenagers and young people between 10 to 24 years of age.

The “Healthy Youth” project is supported technically and financially by the United States Agency for International Development agency (USAID) through the Central America Regional Security Initiative (CARSI) in association with the Embassy of Finland and the SUMMIT Foundation, and is being executed within the frame of the National Strategy for pregnancy prevention among teenagers that is being forwarded by the Ministry of Health.

Objective:

The project’s main objective is: To improve health outcomes among teenagers (aged 10-24) in vulnerable urban and North Coast regions of Honduras, who are at-risk of unintended pregnancies and STIs). To achieve this objective, PSI/PASMO develops activities and processes framed within the following results:

- **Result 1:** To increase awareness on sexual and reproductive health among teenagers and young people.
- **Result 2:** To increase the use of modern contraceptive methods.
- **Result 3:** To reduce the rate of pregnancies on teenagers.

To achieve these results PSI/PASMO implements a Communication for Behavioral Change (BCC) campaign based on evidence to increase the awareness and use of reproductive health products and services in different “at-risk” groups through health education, and referrals to sexual and reproductive services that are youth-friendly, as well as through social communication media. Furthermore, it is promoting and extending its Club in Connection Program aimed at urban youth through different channels of communication. The Project has aligned its activities with the social marketing of condoms and it focuses on strengthening links to youth-friendly sexual and reproductive health products and services.

The establishment of partnerships and collaboration agreements with associates from the CARSI strategy are being pursued as they work directly with “in-school” and “out-of-school” youth; efforts are being coordinated with the Alianza Joven de Honduras (AJH) to define the relations with CARSI partners that manage the Outreach Centers (OC) “For My Neighborhood”, as well as to settle on the strategies to intervene teenagers and young adults who assist to the OCs located in the more

insecure areas, within the municipalities of the Central District, San Pedro Sula, Villa Nueva, Choloma, La Lima, Tela and La Ceiba.

Moreover, PSI/PASMO coordinates with other associates such as the Ministry of Health/National Program of Integral Attention for Adolescents, the Ministry of Education, Impactos Project, and other non-governmental organizations (NGO) such as AHMF, Save the Children and Children International. Such partnerships are of great importance to the development of youth intervention strategies with the non-formal and formal sector of education.

III. PROGRESS ON ACTIVITIES TOWARDS RESULTS

1. GENERAL PROJECT ACTIVITIES.

- a. In this quarter, three educators were hired to strengthen the Healthy Youth Project team working in La Ceiba, Tela and San Pedro Sula; one Program Technical Assistant was also hired to support programmatic areas and monitoring of the Healthy Youth Project. In the next quarter, the process of hiring an additional educator for Tegucigalpa and completion of the technical equipment required for ensuring the achievement of objectives and goals of the project will be finalized.
- b. A training workshop on monitoring and evaluation of the Healthy Youth Project was held with the support of the Regional Office of PASMO (Guatemala). The purpose of this workshop was to improve the understanding of concepts, methodologies, tools and processes to systematize project information among educators and project staff. Fourteen members of the Healthy Youth Project participated (9 women and 5 men).
- c. Two Healthy Youth educators participated in the SAFE (Security Awareness for Everyone) workshop at the Air Base Soto Cano in Comayagua. The workshop's principal objective was to promote theoretical and practical knowledge that will allow the educators to appropriately respond to medical emergencies, evaluate dangerous situations and prevent personal security incidents. This workshop was extremely important to the Healthy Youth staff because the zones in which the project is implemented and where educators spend a significant amount of time working are dangerous neighborhoods and zones.
- d. A workshop with Healthy Youth Project staff was held to analyze the results of the Tracking Results Continuously survey (TRaC) as the basis for the control panel (Dashboard Measurable Decision/DMD) and to review the intervention strategy for targeting adolescents and young people. The workshop was facilitated by Jorge Rivas, Senior Quantitative Researcher, PASMO/PSI. The

purpose of the TRaC is to serve as a baseline for monitoring and improving communication programs for behavior change communications (BCC) of the Healthy Youth Project and help design/redesign new BCC strategies and activities in order to determine factors associated with health behavior desired.

- e. In January 2014, performance evaluations of the Healthy Youth Project staff was carried out focused on three main areas: the objectives of the position, the activities inherent to each position and the values based on the strategic plan. Areas were identified to strengthen the staff to improve individual skills and the overall team.

Activities for the next quarter:

- Monthly technical meetings to plan and monitor the activities of the third quarter of FY 2014.
- Finish the selection process and hiring of the educator for Tegucigalpa.
- Conduct a training workshop to strengthen the capabilities and skills of the educators in handling the educational methodologies.
- Conduct a second training workshop on gender to improve cross management in the different educational processes with adolescents and young people.

2. DEVELOPMENT OF THE HEALTHY YOUTH PROJECT PLANNING FOR THE THIRD YEAR OF IMPLEMENTATION.



- a. In this quarter, revision and final adjustments were made to the DELTA-2014 Plan based on the findings of from the TRaC study.

- b. Again the audience profiles that represent the target population of schooled and non-schooled young people of the Healthy Youth Project were reviewed; subsequently, the adjustments required to the educational plans for “in-school” and “out-of-school”

youth will be made.

3. CREATING STRATEGIC ALLIANCES.

During January and March 2014, PASMO/Healthy Youth Project continued strengthening the relationships with existing partners and identified new partners to expand opportunities to reach out-of-school youth. The most important advances in strategic partnerships and alliances are as follows:

SOCIAL INSTITUTION	AGREEMENTS/COMMITMENTS
SAN PEDRO SULA	
<p>1. CATRACHOS POR EL CAMBIO.</p> <p>Through sports, they work in rehabilitation of children roaming the streets of SPS (SPS Municipality, Catholic Church and Private Enterprise)</p>	<p>✓ A meeting was held and it was agreed to sign the MOU for addressing 200 adolescents and non-schooled young people between 10 and 21 years old living on the streets.</p> <p><u>Participants:</u></p> <p>Men: 3 Women: 3 Total: 6</p>
<p>2. INSTITUTO HONDUREÑO PARA LA NIÑEZ Y LA FAMILIA (IHNFA).</p>	<p>IHNFA San Pedro Sula:</p> <p>✓ Four coordination meetings were held with IHNFA, to define the training processes with adolescents and young people (10 to 24 years old) that are cared for in: Casitas Center for Adolescents and Center for Minors and Returnees (60-70 young people remain for 1 day), and Nueva Esperanza Center.</p> <p>✓ PASMO commitment is to address young people of Casitas Center for Adolescents and Nueva Esperanza, which will be effective in the coming months.</p> <p><u>Participants:</u></p> <p>Men: 3 Women: 4 Total: 7</p>
	<p>IHNFA Tegucigalpa:</p> <p>✓ Two meetings were held to socialize the “Healthy Youth” Project and learn about the strategies used by IHNFA in taking care of young people.</p> <p>✓ It was agreed to start training on pregnancy prevention with approximately 120 adolescents and young people at IHNFA/Las Crucitas in Tegucigalpa, beginning March 2014.</p>

	<p><u>Participants:</u></p> <p>Men: 3 Women: 2 Total: 5</p>
<p>3. INSTITUTO DE CAPACITACION TECNICA DE HONDURAS Y COREA.</p> <p>Provides comprehensive technical education to young people from all social levels and promotes equality of educational opportunities free from discrimination by gender, age or social status.</p>	<p>✓ A meeting was held and an agreement was reached to address approximately 400 young people from: Villanueva, Rivera Hernández, Cofradía, Choloma and La Lima, on pregnancy prevention.</p> <p><u>Participants:</u></p> <p>Men: 1 Women: 3 Total: 4</p>
<p>4. FUNDACION UNIDOS POR LA VIDA</p> <p>Works on projects to benefit former young gang members who want to be rehabilitated and integrated into society. It provides training in beauty, dressmaking, refrigeration, etc.</p>	<p>✓ A coordination meeting was held with United for Life Foundation in order to train on pregnancy prevention young people involved in refrigeration and dressmaking courses among others.</p> <p>✓ PASMO will continue to prioritize this relationship to achieve the objective.</p> <p><u>Participants:</u></p> <p>Men: 3 Women: 1 Total: 4</p>
<p>5. INSTITUTO NACIONAL DE FORMACIÓN PROFESIONAL (INFOP)</p>	<p>✓ A meeting for planning training activities with young people who are taking vocational training courses at INFOP/SPS was held, and workshops programmed for the month of March were already conducted.</p> <p><u>Participants:</u></p> <p>Men: 1 Women: 2 Total: 3</p>
<p>6. CHILDREN INTERNATIONAL</p> <p>(Sector Rivera Hernández)</p>	<p>✓ A meeting to continue with the initiated coordination was held, it was agreed to continue with the pregnancy prevention interventions with adolescents and young beneficiaries.</p> <p>✓ The joint work plan on pregnancy prevention of 2014 was agreed on.</p> <p><u>Participants:</u></p> <p>Men: 3 Women: 1 Total: 4</p>

<p>7. INSTITUTO POLITÉCNICO CENTROAMERICANO (IPC)</p> <p>Works on key processes to strengthen the initiative and implementation of the Project Goals for the benefit of youth and their employability with support from the Private Enterprise (COHEP)</p>	<p>✓ A meeting was held to hear about the work both institutions perform and it was agreed to continue monitoring to train an average of 80 young people monthly during the coming months.</p> <p><u>Participants:</u></p> <p>Men: 2 Women: 4 Total: 6</p>
<p>8. ESCUELA TÉCNICA AUTOMOTRIZ DEL NORTE (ESTANOR)</p>	<p>✓ A meeting was held to present the Health Youth Project and it was possible to coordinate the implementation of workshops on adolescent pregnancy prevention.</p> <p><u>Participants:</u></p> <p>Men: 2 Women: 4 Total: 6</p>
<p>9. FUNDACIÓN NACIONAL PARA EL DESARROLLO DE HONDURAS (FUNADEH)</p>	<p>✓ Two meeting were held with FUNADEH, the Healthy Youth Project being implemented by PASMO was socialized and at the same time FUNADEH presented its work, both organizations agreed to joint efforts so the population benefited by FUNADEH, including 7 Outreach Centers is addressed on pregnancy prevention, STIs and HIV focused on gender.</p> <p>✓ A mutual cooperation MOU will be signed in the coming months.</p> <p><u>Participants:</u></p> <p>Men: 4 Women: 1 Total: 5</p>

CENTRAL DISTRICT	
SOCIAL INSTITUTION	AGREEMENTS/COMMITMENTS
<p>10. CASA HOGAR PROYECTO DE VIDA</p> <p>Community organization that supports men and women in rehabilitation for alcohol and drugs. Located in Colonia 3 de Mayo and</p>	<p>✓ A meeting was held and it was possible to schedule and conduct two workshops on pregnancy prevention, STIs and HIV, for beneficiaries residing at Casa Hogar.</p> <p><u>Participants:</u></p> <p>Men: 3 Women: 3 Total: 6</p>

Barrio Villa Adela.	
11. PARISH MARIA AUXILIADORA Works in different areas of Comayaguela, and is part of the organizations that implement CARSI in coordination with AJH. Located in Colonia Las Ayestas.	✓ A meeting was held and it was agreed to continue supporting each other in addressing adolescents and young people in different neighborhoods and zones of Comayaguela, where AJH implements the OCs (San Martín, Zapote Norte) and other OC reached by the Parish. <u>Participants:</u> Women: 3 Total: 3
12. COMISIÓN CRISTIANA DE DESARROLLO (CCD) It is part of CARSI's partners and provides support through Project METAS. Located in Colonia La Era/Sector San Miguel.	✓ A meeting was held to socialize the work of both organizations and it was possible to coordinate the training on adolescent pregnancy prevention for young beneficiaries. <u>Participants:</u> Men: 3 Women: 3 Total: 6
13. A GANAR/PARTNER OF AMERICAS It is part of CARSI's partners and provides support through Project METAS.	✓ It was coordinated and agreed to initiate the implementation of the educational program of Healthy Youth Project with the beneficiary population of A GANAR in the Central District, and later in Valle de Sula. It is estimated to reach approximately 650 non-schooled young people (300 in Tegucigalpa and 350 in Valle de Sula). <u>Participants:</u> Men: 2 Women: 2 Total: 4
14. CESAMO SAN MIGUEL	✓ Several visits were made to CESAMO San Miguel to coordinate the implementation of the referral system of adolescents to friendly health services, and also coordinate participation in events of social mobilization in Sector San Miguel in March and April. <u>Participants:</u> Men: 1 Women: 7 Total: 8
15. CESAMO 3 DE MAYO	✓ Four working and coordination meetings were held to know the availability of friendly services and coordinate the pilot test for the recruitment of non-schooled young people in Colonia 3 de Mayo with the support of Escuela Rafael Pineda Ponce. ✓ Personnel and volunteers from CESAMO 3

	<p>de Mayo were involved in all activities.</p> <p><u>Participants:</u></p> <p>Men: 3 Women: 6 Total: 9</p>
<p>16. CASA ALIANZA</p> <p>It is an international non-governmental organization serving homeless children for 46 years.</p>	<ul style="list-style-type: none"> ✓ Two meetings to follow-up on commitments made previously were held. ✓ Training activities on pregnancy prevention with young beneficiaries were initiated. ✓ The MOU will be signed next quarter <p><u>Participants:</u></p> <p>Men: 1 Women: 5 Total: 6</p>
<p>17. PROJECT METAS</p>	<ul style="list-style-type: none"> ✓ A meeting to follow-up on the initiated coordination was held and it was agreed that PASMO will contact DNGOs partners of METAS (CASM, RETE, CDH and UNITEC, among others), to develop the process of training on pregnancy prevention with beneficiaries, especially young people who neither work nor study. ✓ In addition, PASMO is willing to open up other opportunities for training in this area for young people (theater, agents of change) that contribute to the dissemination of pregnancy prevention messages to their peers in alternative programs. <p><u>Participants:</u></p> <p>Men: 1 Women: 3 Total: 4</p>
<p>18. DIRECCIÓN DEPARTAMENTAL DE EDUCACIÓN DE FRANCISCO MORAZÁN</p>	<p>Due to the change of authorities, PASMO took over the coordination with the Liaison Person of Dirección Departamental de Francisco Morazán, who expressed interest in completing training with teachers in areas prioritized by the Health Youth Project and support the implementation of the “Caring for My Health and My Life” Methodological Guides.</p> <ul style="list-style-type: none"> ✓ It is scheduled to have a meeting with the new Departmental Director next month, to define dates and monitoring plan of the Departmental Directorate for Educational Centers with trained teachers. <p><u>Participants:</u></p> <p>Men: 1 Women: 3 Total: 4</p>

19. PROJECT IMPACTOS	✓ Continuous coordination with Impactos, MOU is defined to be signed with each partner and begin the activities on pregnancy prevention with young beneficiaries of youth networks in the Central District, Valle de Sula, Tela and La Ceiba.
20. OC FLOR DEL CAMPO	✓ Coordination with OC Flor del Campo was initiated for the recruitment of non-schooled young people, through the support of youth leaders/volunteers and the CESAMO; follow-up is scheduled for next quarter.
21. INSTITUTO REPÚBLICA FEDERAL DE MÉXICO	✓ Two planning meetings were held for the recruitment of non-schooled young people in Colonia Iberia of Comayagüela. The activities are programmed for April 2014 .

LA CEIBA	
SOCIAL INSTITUTION	AGREEMENTS/COMMITMENTS
22. CESAMO COLONIA PIZATTY	<p>✓ In order to coordinate the operation of the referral system of adolescents to friendly health services, PASMO held a meeting with staff of CESAMO Pizatty.</p> <p>✓ PASMO will share the referral sheet for Friendly Services for review, given that the CESAMO already has a referral system</p> <p><u>Participants:</u></p> <p>Men: 2 Women: 2 Total: 4</p>
<p>23. CASA IXCHEL</p> <p>It is a shelter for women who are victims of domestic violence living in the most vulnerable zones of La Ceiba.</p>	<p>✓ The Healthy Youth Project was socialized and it was agreed that PASMO will support training of women who are receiving support in the shelter, provided there is a group of 6-10 women between 15 and 24 years old. They will be trained in sexual and reproductive health with emphasis on pregnancy prevention.</p> <p><u>Participants:</u></p> <p>Men: 1 Women: 2 Total: 3</p>

4. STRATEGIC INFORMATION (DEVELOPMENT OF RESEARCH THAT WILL PROVIDE EVIDENCE BASED INFORMATION TO INFLUENCE PROGRAM DECISIONS).

- A workshop with Healthy Youth Project staff was held to analyze the results of the Tracking Results Continuously Study (TRaC) as the basis for the control panel (Dashboard Measurable Decision/DMD) and to review the intervention strategy for targeting adolescents and young people. The purpose of the TRaC is to serve as a baseline for monitoring and improving communication programs for (BCC) of the Healthy Youth Project and help design/redesign new BCC strategies and activities in order to determine factors associated with health behavior desired.

The final TRAC report (first draft) was developed and will be reviewed by the technical staff of the Healthy Youth Project. After receiving the final edition, it will be shared with USAID and other partners. The results are already being applied by PASMO/Healthy Youth to align concepts and methodologies and to strengthen interventions with target audiences.

- Study/Consultation with Providers of Friendly Health Services for Adolescents: A tool has been prepared to collect pertinent information for the friendly health services of the MOH for adolescents and young people. However, we have stopped data collection because the MOH has indicated that this type of study has already been done by the United Nations Population Fund and that the final report is now ready, but it not yet available to the public. For this reason, in order to not duplicate efforts and to optimize resources, PASMO will wait for the publication of the study to analyze whether or not it can serve as a baseline to work with health providers in the prioritized areas of the project.

Activities planned for the next quarter:

- Completion of the TRAC report.
- Share the TRAC Survey and the Qualitative Study with USAID, MOH, CARSI and other partners.
- Publication of the final TRAC report.
- Consult with health providers and design strategy for strengthening of Friendly Health Services for adolescents in the prioritized areas of the project.

5. REVIEW, ADAPTATION AND/OR DESIGN METHODOLOGIES AND INTERVENTION STRATEGIES OF NON - SCHOOLED TEENAGERS (OUT-OF-SCHOOL YOUTH, ACTIVITIES).

Regarding the design of Educational Methodologies as tools for addressing non-schooled young people, PASMO developed the educational tool called “Healthy 123” which includes guide use (the tool consists of a set of cards with images used to tell a story and interact with the participant), to support the activity addressing non-schooled young people.

- The Project team of educators was also trained in handling “Healthy 123” and implementation of interventions to non-schooled young people has already begun. From the experiences gained in the quarter, we conclude that this educational resource is very well received by the target population, makes it easy for educators to promote key behaviors and that addressing issues of sexual and reproductive health and is feasible to do in small groups (15 people on average). As part of the strategy, PASMO intends to train peer educators in this methodology so that they can address young people in their community environments; even for schooled youth this activity can reinforce the educational activities of the methodological guide “Caring for My Health and My Life”.

Activities planned for the next quarter:

- Use feedback from youth participants and finalize the design of final set of cards with images.
- Review the educational program (contents and methodologies) for non-schooled young people based on results of the Qualitative and Quantitative Study carried out by Healthy Youth.
- Develop the methodological guide on adolescent pregnancy prevention of the change agents.
- Production of promotional materials to support the different educational activities with schooled and non-schooled young people.

6. IMPLEMENTATION OF EDUCATIONAL ACTIVITIES WITH NON SCHOOLED YOUNG PEOPLE.

PASMO conducted various educational activities with adolescents and young people beneficiaries of OCs, community organizations and youth networks; a total of 575 young people were reached (Women: 196 and Men: 379) (See Table No.1), of which 219 received training on pregnancy prevention completely and the remaining 356 began the process that will be completed in the coming months.

66% were male and 34% female; different from what happens in the schooled population where the number of males is very similar to the situation of women.



Training of teenagers in the OC
Estados Unidos San Miguel, MDC.

Table No. 1 Summary Non-schooled Adolescents and Young People Trained on Pregnancy Prevention January to March 2014. Source: SAM/PASMO				
Population	Gender	In the Process of Training	Complete Cycle (4 topics)	Total
Non-schooled Young People	Women	84	112	196
	Men	272	107	379
	Total	356	219	575

The topics covered were: pregnancy prevention, contraceptive methods, STIs, HIV and gender; emphasis was placed on power relations (machismo), risk perception, peer pressure, number of sexual partners and correct use of condoms in all sexual relations.

The following describes the pilot experiences carried out to increase the **recruitment of out-of-school youth**, since it is one of the greatest challenges faced by Healthy Youth Project:

- Two pilot tests were conducted in San Pedro Sula:
 - Instituto Alfonso Hernández Córdova (Colonia Planeta de La Lima), using the **Snowball**⁶ strategy (**Bola de Nieve**). A total of 38 non-schooled Young people were trained under this scheme: (Men: 22 and Women: 17).



Training of non-schooled young people at
Instituto Alfonso Hernández Córdova
La Lima, Cortés.

- In coordination with OC-Las Pilas (Choloma), and by **loudspeakers**⁷ young people were invited to attend meetings in order to learn how to create a resume, be prepared for job interviews and receive health care advice; a total of 84 young people were trained, of which 31 were out-of-school: (Men: 17 and Women: 14), and 53 schooled young people: (Men: 39 and Women: 14).



Training of teenagers in the OC
Las Pilas, Choloma, Cortés.

- En la Colonia San Cristóbal (La Lima) in coordination with the CEB República de Honduras, and using loudspeakers, this activity was carried out and managed to train 20 young people, of which 11 were out-of-school: (Men: 4 and Women: 7), and 9 schooled young people (Men: 4 and Women: 5).

Both activities lasted approximately 3 hours.

⁶Snowball: It consists in recruiting non-schooled young people through schooled young people (7th to 9th grades) of educational centers with teachers trained by PASMO, with the support of school authorities and teachers.

⁷Loudspeakers: It consists in inviting young people through announcements in a car with a megaphone that runs through the streets of the neighborhood/zone, spreading a pre-recorded message. This is done one or two days before and a few hours before the planned activity.

- In the Municipality of the Central District, 1 pilot test was conducted in coordination with CESAMO 3 de Mayo and Escuela Rafael Pineda Ponce (Colonia 3 de Mayo), by using loudspeakersⁱⁱ it was possible to train 19 young people, of which 16 were out of school: (Men: 10 and Women: 6), and 3 schooled young women. This activity lasted five hours.

The above mentioned four topics were addressed in each intervention.



Training of non-schooled young people in Escuela Rafael Pineda Ponce located in Colonia 3 de mayo, MDC.

Activities for the next quarter:

- Continue with the exercises of recruiting non-schooled young people through snowball and loudspeakers mechanisms in other areas of the Project
- Continue to develop partnerships with new and already identified partners for addressing non-schooled young people.

7. COORDINATION OF YOUTH REFERRALS TO SRH SERVICES AND ADDRESSING SUPPORT GROUPS FOR PREGNANT TEENAGERS AND/OR PARENTS.

Healthy Youth, completed 2 visits to Health Centers San Miguel and 3 de Mayo in the Central District. The meetings' objective was to further understand the youth friendly ASRH services, challenges faced in implementing these services, evaluate adolescents' access to the services, and define the reference system PASMO will put in alliance with the Secretary of Health/National Program for Integral Attention for Adolescents (PAIA). In both meetings, 18 people participated (13 women and 5 men), including representatives from PAIA, PASMO, and the health centers.

In the next quarter, PASMO will continue to coordinate with PAIA, Regions and Health Centers to consult with providers and further define the plan for improvement of friendly health services for adolescents, set on the Healthy Youth Project and eventually it is expected to improve quality of care services.

IN-SCHOOL YOUTH, ACTIVITIES

8. COORDINATION WITH SCHOOLS AND STRENGTHENING OF THE TEACHER CAPACITY TO IMPLEMENT THE “CARING FOR MY HEALTH AND MY LIFE” METHODOLOGICAL GUIDES.

- a) PASMO/Healthy Youth project resumed coordination with the General Directorate of Student Services/JUPS as a follow-up to support provided to educational centers. The departmental directorates of education in Francisco Morazán, Cortés and Atlántida, have expressed their willingness to continue supporting the processes initiated last year and their interest to participate in monitoring of the implementation of the methodological guides.
- b) During the months of February and March, PASMO followed-up with the educational centers with personnel trained for the implementation of the “Caring for My Health and My Life” Methodological Guides. (interventions with teachers and schooled young people). Teachers devoted their time to developing the annual activities plan for the methodological guides. This process was endorsed by PASMO/Healthy Youth.



Teachers Meeting at La Ceiba, Atlántida.

Forty-two coordination and planning meetings were held (by grade) for the implementation of the Methodological Guides. 572 teachers participated (Men: 116 and Women: 456) from 34 educational centers of Valle de Sula, Tela, La Ceiba and the Central District (Annex 2).

Pending for next quarter is planning with 10 educational centers (Valle de Sula: 4, La Ceiba: 3, Central District: 3). PASMO will



Annual planning activities meeting of the methodological guides held in Tegucigalpa, M.DC.

continue monitoring all qualified educational centers to ensure that the issue on pregnancy prevention is present during the year through educational activities inside and outside the classroom.

Some teachers began the implementation of issues of sexuality, pregnancy prevention, STIs, and HIV in the five subjects provided by the Basic National Curriculum (CNB), which will be reflected in the Information System (SAM) next quarter, because PASMO only recorded data from two educational centers (shown in the table below):

Table No. 2 Schooled Young People Intervened through the Implementation of the “Caring for My Health and My Life” Methodological Guides. Period: January to March 2014. Source: SAM/PASMO					
Department	Municipality	Educational Center	Schooled		
			Women	Men	Total
Atlántida	Tela	Escuela Grevill Avelar Chávez	49	43	92
Cortés	La Lima	CEB Mirtha Torres de Mejía	135	138	273
Total			184	181	365

c). Schooled people trained in other institutions: Through the coordination with OCs, youth networks, community organizations, government institutions, and non-formal education centers for the recruitment of non-schooled young people, PASMO carried out several activities to recruit schooled young people attending educational centers that are not benefiting from PASMO's interventions, and trained 301 young people (Women: 150 and Men: 151), through activities carried out by PASMO educators as shown in the table below:

Table No. 3 Schooled Young People Receiving Interventions in OCs, Youth Networks, Community Organizations and Government Institutions Period: January to March 2014. Source: SAM/PASMO				
Municipality	Institution/Place of Intervention	Schooled		
		Women	Men	Total
Choloma	OC Las Pilas	14	39	53
	CEB República de Honduras ⁱⁱⁱ	5	4	9
San Pedro Sula	Children Internacional	60	25	85
	INFOP	1	0	1
Central District	Escuela Rafael Pineda Ponce ^{iv}	3	0	3
	OC Estados Unidos	24	56	80
	Christian Development Commission	34	11	45

	Col, San Miguel (Feria-Calle Pública)	9	16	25
Total		150	151	301

A total of 666 adolescents and young people were reached (Men: 332 and 334 women) belonging to educational centers with trained and not trained teachers through the “Caring for My Health and My Life” Methodological Guides.

c) 275 parents from the educational centers participated in briefings on the implementation of the “Caring for My Health and My Life” Methodological Guides.

d) PASMO is moving forward in the design of the website and social networks for healthy young people that will operate as a adolescent page of PASMO’s regional website, which will facilitate updating of the website and motivate teachers for the better management of issues on pregnancy prevention among adolescents and specific methodologies for students of the educational centers. The virtual platform will include spaces for exchange for teachers; young people and/or parents, where project progress/achievements will also be shared. This is expected to start operation in May 2014.

Activities for the next quarter:

- Coordination meetings with the Youth Unit, Population and Health, Departmental Education Directorates of Francisco Morazán, Cortés and Atlántida for teacher training in pending educational centers and monitoring of work plans of the educational centers.
- Teacher training in Central District, La Ceiba and Valle de Sula.
- Planning meetings for the implementation of the Methodological Guides in 9 educational centers (Central District, La Ceiba and Valle de Sula).
- Follow-up work plans for implementation in each educational center.
- Promotion of website and social networking for Healthy Youth, sending information on pregnancy prevention to adolescents and teachers (via e-mail).
- Definition of educational materials to support the implementation of the “Caring for My Health and My Life” Methodological Guides.

9. EDUCATIONAL ACTIVITIES IN SCHOOLS.

During the months of January to March, some activities were performed involving change agents trained by PASMO, in Tegucigalpa, 20 change agents supported the recreovía por la Paz (recreational activities for the peace/recovery of public spaces), in Colonia San Miguel/Tegucigalpa, organized by AGANAR and CREATIVE.

In San Pedro Sula, 10 change agents were involved in training activities with out of school youth in (OC-Las Pilas de Choloma, CEB República de Honduras en Colonia San Cristóbal and Instituto Alfonso Hernández Córdova/Colonia Planeta de La Lima); additionally, they participated in monitoring social networks (facebook), and in broadcasting the program “En Conexión Radio”.

These actions provide the opportunity for young people to enhance their skills and capabilities for student performance and community level contribution, especially regarding handling issues of sexual and reproductive health, event organization, etc.

Activities for the next quarter:

- Continue training (communication skills, leadership, peer methodology, pregnancy prevention) of change agents in Tegucigalpa, Valle de Sula, Tela and La Ceiba.
- Replica training done by change agents with their peers and social mobilization activities in educational centers and communities.

OUT-OF-SCHOOL AND IN-SCHOOL YOUTH

In this quarter, a total of **1,241** adolescents and young people (Women: 530 and Men: 711): 666 schooled and 575 non-schooled were reached. Of these, 314 received the complete education cycle (pregnancy prevention, STIs, HIV, gender, including contraceptive methods); and 927 are in process. (See Table No. 4).

Table No. 4 Summary of schooled and non-schooled young people intervened Period: January to March 2014 Source: SAM/PASMO				
Population	Gender	In Process	Complete Cycle	Total
Schooled	Women	287	47	334
	Men	284	48	332
	Total	571	95	666
Non-schooled	Women	84	112	196
	Men	272	107	379
	Total	356	219	575
Total		927	314	1,241

During the period **October 2012 to March 2014**, it was possible to reach a total of **14,918** adolescents and young people of which **3,197** have completed the education cycle and of these, **754 completed** the cycle during this quarter; the remaining **11,721** are still in process (Table 5). PASMO will continue to strengthen its activities in order to ensure that more adolescents complete this formative education cycle of 4 themes.

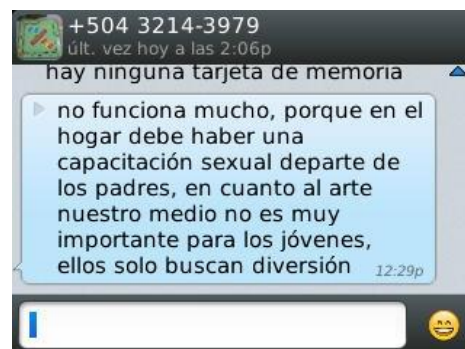
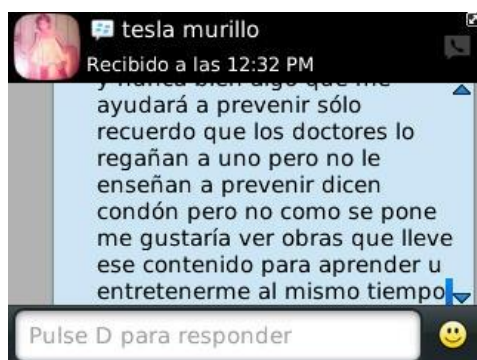
Tabla No. 5 Summary of schooled and non-schooled young people intervened Period: October 2013 to March 2014 Source: SAM/PASMO				
	Year 1 (October 2012 to September 2013)	Year 2 Quarter I (October to December 2013)	Year 2 Quarter II (January to March 2014)	Accumulated
Complete Cycle	1,877	566	754	3,197
In Process			11,721	11,721
Total Accumulated				14,918

10. MASS MEDIA AND SOCIAL NETWORK CAMPAIGNS (INCLUDING “EN CONEXIÓN RADIO” PROGRAM).

In this quarter, PASMO/Healthy Youth broadcasted 13 programs of the Radio Magazine “En Conexión Radio”, (3 pre-recorded) through XY Radio Station, which covers the different municipalities prioritized by the project. The topics covered were: December holidays and family, preventing gender violence, self-esteem (I am unique/special), art and prevention, gender equity (day of Honduran women), commitments and goals of the study, love and pregnancy prevention, decision making in adolescence and let's talk about love, contraceptive methods, equality for women/progress for everyone, and responsible parenthood and dating.

During these programs, we received approximately 287 communications, distributed as follows: 99 telephone calls, 124 Blackberry messages, 8 text messages, and 56 Whatsapp messages. This included participation in one of the sections of the Program “La Cuadra Suena”, by responding to questions related to each issue discussed. These activities have been reinforced through the distribution and placement of promotional posters in Conexión Radio, educational centers, OCs, convenience stores, and businesses with a high influx of young people.

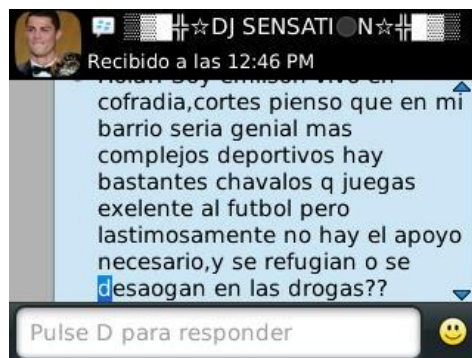
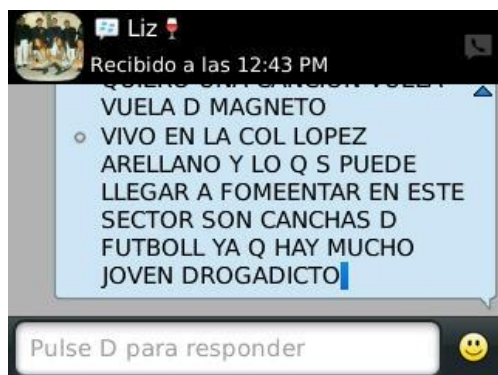
Some of the examples of the messages sent by young people are:



This will help to prevent STIs and adolescent pregnancy, I just remember that doctors scold us but they don't teach us how to prevent [these things], they tell us to use condom but not

how to use it. I would like to see educational plays about these things, which would help me to learn and entertain myself at the same time.

It does not work because sex education at home should come from our parents. Art is not very important for young people, they are just looking for fun.



I live in Col. López Arellano and what should be done in this sector is to build more sports facilities (soccer fields) for the rehabilitation of young drug addicts.

I think it would be great if in my neighborhood there were more sports complexes, there are a lot of excellent soccer players here, but unfortunately these young people do not have the necessary support and this is why they turn to drugs.

Some audience comments received through text messages expressed acceptance and appreciation for the program; a listener said: "Thanks for having this program that helps us young women a lot"; another said "Very good and educational program". When the topic of contraceptive methods, STIs/HIV and pregnancy prevention were addressed, some listeners mentioned condoms as the most effective method, and others mentioned health centers, pharmacies and supermarkets as places where condoms can be found.

Activities planned for the next quarter:

- Review the format of the radio program so that it includes more youth participation.
- Program broadcasting in Conexión Radio
- Develop and produce a series of spots with messages on pregnancy prevention.
- Host an event related to social mobilization in Conexión Radio.
- Promote the radio program through motivational events in the school centers and during recess and special events/activities.
- Coordinate with AJH to plan the campaign "Think it over" using the framework of the multisectoral plan for pregnancy prevention for adolescents.
- Explore alliances with "Dile si a la Vida" (Dr. Alexis Reyes in SPS)
- Conduct an operational research to identify aspects that need improvement.

11. DESIGN AND IMPLEMENTATION OF MOBILIZATION PARTICIPATION IN SPECIAL DAYS WITH OTHER ORGANIZATIONS.

- a) During the quarter, PASMO/Healthy Youth, participated in an activity of social



mobilization: Recreation for Peace (Recreoía por la Paz) in Colonia San Miguel in coordination with AGANAR; 47 young people were addressed: (Men: 27 and Women: 20). Of these, 19 were non-schooled: (8 men and 11 women) and 28 were schooled: (19 men and 9 women). During this event, young people received

information on issues of HIV and STIs prevention, contraceptive methods and correct and consistent condom use with demonstration exercises.

- b) Coordination activities with INL, the Preventive Police and San Miguel District CESAMO were carried out to perform the Safe Easter Festival in April. PASMO/Healthy Youth will contribute to the dissemination of messages related to sexual and reproductive health with emphasis on pregnancy prevention.

- c) Since PASMO is part of the Inter-Agency Committee on Response to HIV/ AIDS led by metropolitan region of Tegucigalpa, we attended preparatory meetings for the commemoration of the Day of Solidarity - World Watch (May 23), in this Committee SESAL participate the SESAL, the National AIDS Forum, World Vision, Red Cross, CONADEH, PAHO among others.

- d) In coordination with the CEB and Cultural Civic Committees, patronage and community groups of the Garifuna communities of Tela (Tornabé, San Juan and Triunfo de la Cruz), PASMO participated in several meetings to support the celebration of the "Month of the African Heritage" (217 years of presence in Honduras). Walks and festivals are programmed to take place in April, we will take advantage of these activities and spaces to inform and sensitize the youth on the importance of pregnancy prevention among adolescents as well as STIs and HIV.

- e) In La Ceiba, PASMO is participating in the Inter-Agency Committee on Response to HIV/AIDS and adolescent pregnancies lead by the Regional Hospital of Atlántida; in May the celebration of the "Carnival Week" will be held involving adolescents and young people who are currently in the formation process for pregnancy prevention at Institutos Manuel Bonilla and Herminio Farjardo. Also, PASMO will have a charriot alusive to teenage pregnancy prevention. Trained agents of change also support these activities by disseminating pregnancy prevention messages. The following organizations are part of this Committee: COCSIDA, Médicos Mundi, educational centers, Municipal Women's Office, etc.

Activities planned for the next quarter:

- Continue to participate in the organization and execution of community events in zones prioritized by Health Youth, in coordination with CARSI and community partners.

12. FRIENDLY CONDOM POINTS OF SALE.

With the support of the PASMO Sales Department, between January and March 2014, 29 points of sale for condoms located in neighborhoods and residential areas in Valle de Sula were directly monitored, the activity consisted in monitoring supply and storage of the products.

A total of **230,433** condoms (units) were sold in the municipalities prioritized by Healthy Youth, as follows:

1. **La Ceiba:** 8,100
2. **Tela:** 2,560
3. **Valle de Sula (San Pedro Sula, La Lima, Choloma):** 183,913
4. **Villanueva:** 724
5. **Distrito Central:** 35,136

It is important to mention that these data reflect condom sales made by distributors and PASMO. Monitoring and opening of new points of sale in the areas intervened by the Project will continue during the next quarter.

Activities for the next quarter:

- Opening of new youth-friendly points of sale in intervention areas of CARSI partners, depending on demand.
- Monitoring points of sale and strengthening the skills of business owners to ensure quality in the storage and availability of condoms to adolescents.

IV. MONITORING AND EVALUATION.

- In January 2014, a meeting with USAID partners was conducted to present on the first Quarterly Report year 2014 (October to December 2013). This meeting was attended by representatives from USAID, ULAT/MSH, Secretary of Health, ASHONPLAFA, CDC and PASMO, and was led by Dr. Gustavo Ávila Montes Project Management Specialist Health, Population & Nutrition Office/USAID; progress and constraints for achieving goals of different projects were analyzed.

Suggestions for PASMO/Healthy Youth were: that the agents of change (youth leaders) can define a work plan for the school year with educational activities inside and outside educational centers, find mechanisms that help increase the positioning program “en Conexión Radio”, and take into account the importance of making a survey of the same program to know the level of penetration and comprehensiveness of the coverage of target audience of Healthy Youth.

- In February 2014, Visit from the Ambassador of the United States of America Lisa Kubiske to the Basic Education Center Juan Ramón Molina located in the neighborhood of San Miguel in Tegucigalpa. The activity was implemented through collaboration

between PASMO and FHIS-CLIP. The Director of the CEB gave a brief presentation of the Healthy Youth Project's progress in her education center and explained that teachers were trained by PASMO in October in the implementation of the "Caring for My Health and My Life" methodological guides.

The Director elaborated that this year the center and its teachers will continue their work with PASMO because it is a critical need for both students and the community. She also mentioned that often parents do not address issues of sexuality with their children. In addition to the director's presentation Ambassador Kubiske and her team made a tour of the facilities of the CEB. The event involved 9 students and 21 teachers (16 women and 5 men).

- During this quarter, Healthy Youth Project received technical assistance from the Regional Office of PSI/PASMO/Guatemala, with the aim of strengthening the capacities of the Project technical team and support the development of some processes such as: TRAC Quantitative Study was completed as well as the workshop with staff to discuss the results as a basis for the control panel (DMD), and the intervention strategy was revised with adolescents and young people (schooled and non-schooled).

This workshop was facilitated by Jorge Rivas, Senior Quantitative Researcher, PASMO/PSI. The purpose of TRAC is to serve as a baseline to monitor and improve communication programs for behavior change (BCC) of Healthy Youth Project and help design/redesign new strategies and activities of BCC to determine factors associated with behaviors desired.

Also, another workshop on design and management of the website and social network of Healthy Youth was held, in this regard the support will continue until the proposed results (Web and social networks are running), it is expected that this will help open more opportunities for communication for pregnancy prevention to the Project audiences and strategic information to donors, partners and the public interested in this subject.

- In order to identify alternate ways to reach out of school youth, the teams of educators have been implementing the following new activities: emitting key educational messages via loudspeakers, conducting activities through educational centers and in non-formal education centers, which have been evaluated to further determine the level of effectiveness in the different areas of intervention.

Results and success achieved through these new pilot approaches is being evaluated to determine which approach is most successful in reaching out of school youth and can be taken to scale. PASMO believes an additional month is needed to complete the analysis and determine the most appropriate way forward in reaching out of school youth.

Some lessons have been already learned such as designing a participant registration containing data to generate the UIC and information that might be of common interest like phone number, email and social networks of the participants; this will help to

facilitate the participation of young people in social networks of the Project and continue with the interventions through key messages.

- In order to review the indicators (PMP) of the Project, a meeting with the AOR of Healthy Youth and the Monitoring and Evaluation Officer of USAID was held. PASMO proposed that the 14 indicators will be measured through Tracking Results Continuously-TRAC-2013 and 2015 (the impact) and by the System Monitoring Activities/SAM (the process). PASMO then requested to modify the PMP as specified in the letter sent to USAID (Annex No. 1) related to:
 - 6 impact indicators, which were planned to be assessed through the Information System of the Secretary of Health/Adolescent Friendly Health Services (SESAL/SSAA).
 - *Indicator:* Number of adolescents receiving education in sexual and reproductive health in a comprehensive way.
 - *Indicator:* Number of condoms distributed.

PASMO still awaits a final response from USAID on approving the proposed modifications.

- Visit of Dr. Gustavo Avila to monitor educational activities in the CEB Mirtha Torres de Mejia, Colonia Planeta/La Lima, where he observed a mural contest (4th to 9th grades) on responsible parenthood and participated in a discussion with teachers, he also revised planning. The suggestion was that the importance of the implementation period of Methodological Guide wings should be emphasized to be made in all grades throughout the school year, so that teachers have the opportunity to reinforce the basic messages addressed to students about pregnancy prevention; this should be applied to all educational centers where the Healthy Youth Project is being implemented.



Education activity in La Lima, Cortés.

He also visited the CEB República de Honduras (Colonia San Cristóbal/La Lima), he could observe a briefing meeting with non-schooled young people invited through loudspeakers, the main issues were “Looking for work” (chamba) including how to prepare a resume and the successful work interview, these sessions include the following issues: delay sexual initiation,

pregnancy prevention, STIs, HIV, using the “123 Healthy” methodology (educational resource designed by PASMO).

Activities for the next quarter:

- Quarterly meeting with USAID partners.
- Follow-up the request regarding modification of indicators.
- Monitor educational and social mobilization activities and recruitment of non-schooled young people.
- Develop a database of young people intervened out of school to migrate them to the social networks of the Program.

V. CHALLENGES AND PROPOSED SOLUTIONS.

According to progress in the implementation of the Healthy Youth Project and the various practices conducted to date, we have identified the following challenges with their solutions:

- i. The greatest challenge of the Health Youth Project is addressing young people not studying (non-schooled) and/or not working (NINIS).

Proposed Solution:

- PASMO continues making efforts to increase reaching out-of-school youth through:
 - Replica of the proven initiatives in the current quarter.
 - Coordination with various civil society partners, CARSI, religious sector in order to achieve the goal of non-schooled young people.

- ii. The work in geographical areas with high levels of insecurity, representing a high risk for the Project staff.

Proposed Solution:

- PASMO implements a Protocol/Management Plan and Prevention Security Emergencies and follows-up to be implemented to reduce the risks of personnel constantly conducting activities in neighborhoods and zones with high rates of violence and crime.

- iii. The functionality and improved Friendly Health Services for Adolescents /PAIA.

Proposed Solution:

- Continue with advocacy work at the level of central authorities of the Secretariat of Health to seek the mechanisms of action in order to materialize the answers that most of these services require. The diagnosis that PASMO will make in the next quarter will be a very important input for decision-making and definition of the activity plan aimed at improving the facilities and skills related to friendly health services for adolescents.

VI. COORDINATION WITH OTHER PARTNERS.

During the quarter PASMO made several collaborative and participation actions in alliance with other partners to support the work of adolescent pregnancy prevention, as detailed below:

- Two Healthy Youth educators participated in the SAFE (Security Awareness for Everyone) workshop at the Air Base Soto Cano in Comayagua. The workshop's principal objective was to promote theoretical and practical knowledge that will allow the educators to appropriately respond to medical emergencies, evaluate dangerous situations and a personal attack. This workshop was extremely important to the Healthy Youth staff because the zones in which the project is implemented and where educators spend a significant amount of time work are dangerous neighborhoods and zones.
- PASMO/Healthy Youth participated in the Multisectoral Workshop for the development of the National Plan of Adolescent Pregnancy Prevention (2014-2018) convened by the Office of the First Lady. Approximately 30 representatives from State institutions, Civil Society and USAID participated. The purpose was to build an instrument of intersectoral programming for the Adolescent Pregnancy Prevention in Honduras.

The issue of adolescent pregnancy was reviewed and working tables were settled for identification of feasible actions in short and medium terms, progress was made in this area by the different organizations and definition of the plan results; PASMO will continue to participate in this process.

- A meeting was held at the request of the United Nations Program for Development (UNDP), whose interest was to understand the actions PASMO/Healthy Youth is doing in the Central District, Valle de Sula, Tela and La Ceiba, to identify actions that are being executed and that could be contained in the Local Plans of Coexistence and Citizen Security (PLCSC) developed by UNDP years ago. Thereafter, PASMO participated in the working sessions to review such plans carried out in:
 - La Ceiba and San Pedro Sula, the main objective was to socialize the projects that are being implemented in each of these cities, both government institutions and civil society, what, how, where and with whom they implement the projects, which will serve to make a revision to PLCSC and visualize those actions that have been made, which are currently being made and to be performed until 2017, for inclusion within the PLCSC.
- PASMO/Healthy Youth also had an approach with the Association of Medical Doctors of Asia (AMDA), who showed interest in the project, its scope, areas of intervention and the possibility of establishing joint actions. In response, they committed themselves to convene PASMO to the coordination meetings conducted with community authorities in the common intervention areas of PASMO/Healthy Youth Project.

- With the Youth Directorate of the Secretariat of Social Development (formerly the National Institute for Youth-INJ), who are currently implementing a project with schooled population, a coordination meeting was held to establish partnerships to joint action in intervention areas of both projects. PASMO was requested to conduct a training workshop to strengthen the capacities of their teachers on issues of sexual and reproductive health, as they feel that the organization has extensive and proven experience in handling this issue with young people. Joint actions that contribute to the intervention of vulnerable educational centers in the areas that PASMO is currently involved will be coordinated, even when they are not covered within its current segment intervention.
- PASMO, participated in the event entitled "National Meeting: Social Path for a Good Government for Children, Adolescents and Youth Towards a Pact for Children and Youth", organized by World Vision; the private enterprise, international cooperation, academic sector, mass media, specialists and children participated. The main objective was to develop a process of advocacy for the establishment of a system of protection for children. PASMO joined the working group "Health focused on Children"
- PASMO, was invited and participated in the Radio Station RDS-88.9 FM "Development Actors" program, belonging to the Sustainable Development Network of Honduras in order disclose the work done on the adolescent pregnancy prevention in seven priority municipalities. RDS hopes that PASMO continues to participate throughout the year in other programs.

VII. GENDER COMPONENT.

According to educational activities carried out in the quarter, PSI/PASMO continued to develop the gender issue with adolescents and young people, especially with non-schooled youth participants of OCs, INFOP, IHNFA, PDA, and other community organizations working in the areas of influence of the Healthy Youth Project. Of the total number of non-schooled young people addressed during the quarter (575), 66% were male and 34% female; this is in contrast to the schooled population where the number of males to females is similar. Men and women equally participate on activities related to gender approach.

In keeping with the PASMO Gender Strategy and taking advantage of this opportunity with youth, priority was given to discuss gender with participants: highlighting factors that put young people in vulnerable situations with regards to pregnancy, STIs, and HIV. Factors addressed included power relations (machismo), risk perception, peer pressure, number of sexual partners and information and skills for correct condom use in all sexual relations.

Activities for the next quarter:

- Continue to include gender issues in the various activities conducted with the target beneficiary population of the Healthy Youth Project.
- Documenting the success stories.
- Completion of the second workshop on gender for the Healthy Youth Project staff.

VIII. FINANCIAL REPORT

In terms of USAID financial execution, PSI / PASMO has executed during quarter 2 fiscal year 2014 a total of \$ 113,340.78 and cumulative total \$ 649,726.39; The execution represents 76,4% of the \$ 850,000 budget obligated until Q2 FY 2014 and represents 55% of \$ 1,1750,000 total USAID budget project.

Description	USAID	Cost Share	Total
Total funds obligated at beginning of fiscal year 2013	\$400.000,00	\$400.000,00	\$800.000,00
New funds obligated for FY 2014	\$450.000,00	\$450.000,00	\$900.000,00
Cumulated expenditures at the beginning of the Q2/FY 2014	\$536.385,61	\$341.622,00	\$878.007,61
Pipeline at the beginning of the Q2/FY 2014	\$313.614,39	\$508.378,00	\$821.992,39
Total available	\$313.614,39	\$508.378,00	\$821.992,39
Expenditures for the reported Q2/ FY 2014	\$113.340,78	\$247.886,12	\$361.226,90
Pipeline at the end of the reported Q2/ FY 2014	\$200.273,61	\$260.491,88	\$460.765,49
Estimated expense burn rate for Q3/ FY 2014	\$140.000,00	\$120.000,00	\$260.000,00
Number or quarters of pipeline remaining	1,43	2,17	1,77

IX. LESSONS LEARNED.

- The mechanisms used by PASMO this quarter to increase the recruitment of out-of school youth in San Pedro Sula and Tegucigalpa (by using loudspeakers and the "snowball" recruitment method), in coordination with OCs and educational centers, have positive limited results to date. However, we feel that further analysis regarding the success of these approaches is needed before we can take them to scale. For example, we would like to see how successful they are in other municipalities and extend the experience to La Ceiba and Tela before determining which approach is best to reach out-of school youth.
- PASMO must continue to identify new partners in the municipalities of intervention to reach out-of school youth; and reduce the level of approach in outreach centers because most of them serve small out-of school youth.
- Due to the situation of violence that exists in most neighborhoods where Healthy Youth is implemented, the security conditions should be considered in each area prior to admission of the staff and temporarily suspend those activities as needed according to reports of the links and media.
- Continue to provide systematic monitoring to educational centers (director/teachers) to assure annual implementation of the Methodological Guides Caring for my Health and my Life.

- e) To improve the development of the program en Conexion Radio, it is important to make a quick operational research to verify the penetration of the program in the target population of the Project and look for improvement mechanisms.

X. KEY FINDINGS.

- a) Most of the educational centers (77%) with trained teachers to implement the “Caring for My Health and My Life” Methodological Guides, developed annual work plans for the development of educational activities with the total number of students, this represents a commitment that will help the issue of sexual and reproductive health is present in their teaching agendas.
- b) PASMO has progressed in the design of the Web and social networks of Healthy Youth which will help improve the ranking of the Healthy Youth Project and also open spaces for communication and thematic strengthening with target audiences (schooled and non-schooled young people, teachers, key partners and donors).
- c) PASMO/Healthy Youth will continue working on mechanisms and methodologies for the recruitment of schooled young people in the central district, Valle de Sula, Tela and La Ceiba, with the aim of defining the way forward on this issue during the lifetime of the Project and ensure the achievement of goals and results.
- d) A quick operational research of the Program “en Conexión Radio” will be made next quarter in order to assess its effectiveness and impact on the target audiences and to define changes that can help increase the effectiveness of the program. Pasar arriba actividades para el proximo trimestre.

XI. LIST OF KEY PERSONNEL INVOLVED IN THE PROJECT IMPLEMENTATION.

- Julio Zúniga, Country Manager
- Perla Alvarado, Program Manager
- Allan Palma, Monitoring and Evaluation
- Alberto Vásquez, Program Technical Assistance
- Marco Tábor, Supervisor BCC
- Karla López, Administrative Manager
- Elvin Núñez, Sales Manager
- Jorge Rivas, Research Department, PSI/PASMO/Regional

XII. ANNEXES

Annex 1: Performance Monitoring Table

Performance Monitoring Table									
Indicator	Definition (Include unit of measurement)	Year 2 goal	Data Collection Frequency	Obtained Results					
				Baseline	End of Year 2	Year 2 Quarter I	Year 2 Quarter II	Year 2 Quarter III	Year 2 Quarter IV
Sub IR 1: Increasing knowledge on sexual and reproductive health on teenagers and young adults.									
Number of adolescent and young adults that receive comprehensive sexual and reproductive health (SRH) education in an integral manner.	Number of adolescents and young adults who received the (SRH) training program according to each age range, as well as reference to adolescent-friendly health services (AFHS) and/or health units located within the prioritized areas of the Healthy Youth Program	17,202	Quarterly	10,694		566	754		
Number of schooled and unschooled adolescents and young adults trained as agents of change.	Number of adolescents and young adults who have participated in a training program and have achieved a minimum of 90% on the program's final evaluation upon the following subjects: <ul style="list-style-type: none">Leadership in Communication for Behavioral Change in HealthManagement of peer education methodologyTraining in sexual and reproductive health (SRH) with emphasis on pregnancy prevention.	100	Quarterly	100		0	0		
Percentage of adolescents and young adults that have negative attitudes towards the perpetration of intimate partner violence (or who consider intimate partner violence as a less than	Percentage of adolescents and young adults who participated in the Health Youth Program who consider intimate partner violence as a socially acceptable act	N/A	End of Project (2015)	52.3%	N/A	N/A	N/A	N/A	N/A

Performance Monitoring Table									
Indicator	Definition (Include unit of measurement)	Year 2 goal	Data Collection Frequency	Obtained Results					
				Baseline	End of Year 2	Year 2 Quarter I	Year 2 Quarter II	Year 2 Quarter III	Year 2 Quarter IV
acceptable act)									
Number of youth who received sexual and reproductive health services at SSAA and/or NGO.	Number of adolescents and young adults who utilized sexual and reproductive health services, that is those services that offer integral care, like adolescent care clinics, maternal and child health clinics, hospitals, and/or NGOs associated with sexual and reproductive health and pregnancy prevention.	N/A	Quarterly Accumulated	0		0	0		
Number of condom distribution points that are active in geographic areas prioritized by the Program.	Number of establishments (convenience stores, mini-markets, pharmacies, pool halls, etc.) opened, supervised and supplied by PASMO and/or distributors in the geographic areas of the Healthy Youth Program/PSI/PASMO.		Quarterly Accumulated	147		53	29		
Number of condoms distributed	Number of condoms delivered to adolescent and young adults through any of the establishments (convenience stores, grocery stores, mini-markets, pharmacies, pool parlors, etc.), opened, supervised and supplied by PASMO and/or distributors within the geographic areas of the Healthy Youth Program/PSI/PASMO		Quarterly Accumulated	2,085,351		581,184	230,645		
Percentage of adolescents and young adults who mention at least two distribution points where condoms are accessible.	Percentage of youth and young adults who mention at least two condom distribution points. Distribution points are defined as any business (ie convenience stores, minimarkets, markets, pool	N/A	End of project (2015)	76.2%.	N/A	N/A	N/A	N/A	N/A

Performance Monitoring Table									
Indicator	Definition (Include unit of measurement)	Year 2 goal	Data Collection Frequency	Obtained Results					
				Baseline	End of Year 2	Year 2 Quarter I	Year 2 Quarter II	Year 2 Quarter III	Year 2 Quarter IV
	halls, etc).								
Percentage of adolescents and young adults that mention the benefits of double protection (condoms and hormonal contraceptive methods).	Number of adolescents and young adults mention the following benefits of double protection: The correct and consistent use of the condom along with the use of a hormonal contraceptive method (pills, injectable contraceptives and/or intra-uterine devices) to protect from pregnancy. Correct and consistent use of the condom protects from pregnancy, HIV and STIs.	N/A	End of project (2015)	66.8%	N/A	N/A	N/A	N/A	N/A
Percentage of adolescents and young adults that report perception of a personal risk of pregnancy.	<ul style="list-style-type: none"> Number of adolescents and young adults who are aware that: Having unprotected vaginal intercourse puts them at risk of pregnancy. (By protection we refer to the correct and consistent use of any modern contraceptive method, including the condom). That the use of modern contraceptive methods prevents pregnancy. 	N/A	End of Project (2015)	55.7%	N/A	N/A	N/A	N/A	N/A
Percentage of adolescents that proposed the use of a condom to their partner during their last sexual intercourse.	Number of adolescents and/or young adults that proposed condom use to their partner during his/her last sexual intercourse to prevent pregnancy and/or HIV/STIs.	N/A	End of Project (2015)	58.8%	N/A	N/A	N/A	N/A	N/A
Percentage of adolescents and Young adults that used a modern contraceptive method during their last sexual intercourse.	Percentage of adolescents and young adults their last sexual intercourse means having used oral contraceptives, injectable contraceptives, condom and/or intra-uterine devices.	N/A	End of Project (2015)	61.9%.	N/A	N/A	N/A	N/A	N/A

Performance Monitoring Table									
Indicator	Definition (Include unit of measurement)	Year 2 goal	Data Collection Frequency	Obtained Results					
				Baseline	End of Year 2	Year 2 Quarter I	Year 2 Quarter II	Year 2 Quarter III	Year 2 Quarter IV
Percentage of adolescents that delay their sexual debut.	Percentage of adolescents that has not yet initiated any sexual relationship.	N/A	End of Project (2015)	62.6%	N/A	N/A	N/A	N/A	N/A
Percentage of adolescents that had vaginal intercourse in the last year.	Percentage of adolescents that had vaginal sexual intercourse in the twelve months proceeding the day of the survey.	N/A	End of Project (2015)	37.4%	N/A	N/A	N/A	N/A	N/A
Number of pregnant women aged 19 or less during the last year.	Number of women at the time of the survey, report being pregnant with confirmation of the health personnel.	N/A	End of Project (2015)	12.2%	N/A	N/A	N/A	N/A	N/A

Annex 2: Annual planning meetings for teachers to implement the “Caring for My Health and My Life” Methodological Guides.

Municipality	Educational Center	Teachers		
		Women	Men	Total
Valle de Sula, Cortés	CEB Mirtha Torres de Mejía	20	2	22
	CEB República de Honduras	16	1	17
	CEB Minerva	19	7	26
	CEB Presentación Centeno	32	4	36
	CEB José Trinidad Cabañas	16	2	18
	CEB María A. Crivelli	15	3	18
	Instituto Alfonso Hernández de Córdova	31	11	42
	Instituto Copantl	11	3	14
	Escuela Gabriela Mistral	13	1	14
	Escuela Luis Bográn	5	3	8
Tela, Atlántida	Escuela María Antonia Paz	3	0	3
	Escuela Marco Aurelio Soto	10	1	11
	Escuela José Heriberto Díaz	1	0	1
	Escuela Grevil Avelar Chávez	7	3	10
	Escuela Zenobia Rodas de León	2	1	3
	CEB Esteban Guardiola	8	2	10
	CEB Luis Bográn	7	2	9
	CEB Benjamín Munguía	3	3	6
La Ceiba, Atlántida	CEB Rafael Pineda Ponce	3	2	5
	CEB Marcio René Espinal	9	0	9
	CEB José Valentín Vásquez	18	5	23
	CEB Marco Antonio Ponce	11	2	13
	Escuela Francisco Regis Benedith	9	1	10
	Instituto Manuel Bonilla	15	7	22
	Instituto José Herminio Fajardo (ITLA)	34	21	55
Central District, Francisco Morazán	Escuela Rafael Pineda Ponce	29	4	33
	Escuela María Elena Santa María	10	3	13
	Escuela Ibrahím Gamero	6	0	6
	Escuela Inmaculada Concepción	13	4	17
	Escuela Jorge Fidel Durón	6	1	7
	CEB Rafael Antonio Castillo	21	1	22
	CEB Juan Ramón Molina	35	13	48
	Mary Flakes de Flores	7	0	7
	Escuela José San Martín	11	3	14
Total		456	116	572

Annex 3: Summary of the achievement of young people reached in the period October 2013 to March 2014.

Summary of the achievement of young people reached in the period October 2013 to March 2014. SAM/PASMO					
Population	Gender	Age	In Process	Complete Cycle	Total
Schooled Young People	Women	10 a 14	2412	938	3350
		15 a 19	3127	529	3656
		20 a 24	179	40	219
		Sub total	5718	1507	7225
	Men	10 a 14	2277	831	3108
		15 a 19	2600	420	3020
		20 a 24	168	7	175
		Sub total	5045	1258	6303
	Total Schooled		10,763	2,765	13,528
Non-Schooled Young People	Women	10 a 14	42	47	89
		15 a 19	224	88	312
		20 a 24	128	65	193
		Sub total	394	200	594
	Men	10 a 14	53	34	87
		15 a 19	356	99	455
		20 a 24	155	99	254
		Sub total	564	232	796
	Total Non-Schooled		958	432	1,390
Total			11,721	3,197	14,918